

# Transforming Leaders

- Do you believe in your and your team's limitless potential?
- Do you believe in the need to continuously learn, grow and evolve?
- Do you believe that purposeful goals, powerful questions, reflective spaces, and deep introspection, are the key ingredients for transformational growth?

Our Executive Coaching Programs empower leaders to navigate challenges, drive innovation, and foster a culture of continuous improvement. Discover the transformative journey that awaits you and your organization.

## Leadership Development Coaching

Unleash your leadership potential with our one-on-one coaching sessions to enhance:

- Strategic thinking
- Decision-making
- Emotional intelligence
- Confidence to overcome obstacles and capitalize on strengths

## Team Coaching

Our team coaching programs:

- Foster collaboration, communication, and synergy within your team
- Address interpersonal dynamics, conflict resolution, and effective teamwork, ensuring your team reaches its peak performance

## Change Leadership Coaching

Our coaches provide guidance on:

- Equipping leaders with the skills to navigate and lead through organizational change
- Managing resistance, fostering resilience, and creating a positive culture within your organization

## Methodology

The coaching can take place through:

- Both- In-person and virtual sessions
- On-site or off-site workshops and retreats
- Engage in interactive sessions, foster team cohesion, and develop leadership skills in a collaborative setting

## Frequency and Duration

**Duration:** Typically, sessions range from 60 to 90 minutes

**Frequency:** Bi-weekly sessions for a duration of 6-9 months

**Total Hours:** 15 to 20 hours of coaching

## Tailored Coaching Programs

**Customized Organizational Coaching**

**Duration:** Varies based on the specific needs of the organization

**Frequency:** Customized based on organizational goals

**Total Hours:** Flexible, based on the scope and depth of the coaching engagement

